

## **12.21.12 Mayan End Time: “The Beginning” By Patrick J. Harbula**

According to many ancient prophecies we are in a crucial time in history, a time of the great earth shift. The most ancient of spiritual writings, the Hindu scriptures, state that we are moving from Kali Yuga (Iron or Dark Age), characterized by the decline of righteousness, into the Sat or Kirta (Golden Age), characterized by the rebirth of righteousness. Theosophical studies that explore the roots of all wisdom traditions state that we are moving into the Age of Aquarius, an age of enlightenment and spiritual service. The Judeo Christian “End of Days” or Revelations says the world is coming to an end and many believe that “the end is near.” The Hopi prophecies say that at the start of this new era: “One thousand Sundanced Enlightened Teachers will totally awaken in their dream bodies. The winged wheels (or chakras as they are called in the East) will begin to turn, and when they do, the rainbow-light dreams will awaken all peoples.”

The Mayan Calendar end date is Winter Solstice 12.21.12. Some believe this means the end of the world. But Mayan scholars know it means a new beginning (just as many metaphysical biblical scholars also interpret the end of days not as a cataclysm, but as a transformation). The Mayans didn’t indicate what would come after the Winter Solstice 2012. But it is clear that it is a higher turning of the wheel.

On this date, according to Mesoamerican lore, Quetzalcoatl (Aztec) or Gukumatz (Mayan), the mythological feathered serpent or creator god—one who crawls on the Earth and flies in the sky, symbolizing the integration of spirit and matter, Father Sky and Mother Earth—will return. This means that the two great opposites are merging, creating Heaven on Earth. The astronomical alignment occurring on this date happens every 5,125 years, but it is part of an even rarer alignment that occurs every 25,625 years. This alignment is between our sun—One Hunahpu or First Father Sun—and the center of Mixcoatl, our Milky Way galaxy (see John Major Jenkins at <http://alignment2012.com/>).

This center is known as the door to all creation or the womb of all. One Hunahpu is reborn when he aligns with the womb of all. He becomes a sacred sun, and with him our planet a sacred planet, and each one of us a sacred being. Of course we have been that all along, but now greater than ever is the opportunity to recognize this truth fully, and by the way, this realization comes with grace and ease. Difficulty and struggle are expressions of the old paradigm. Ease, grace, freedom, love and joy are the qualities that characterize this new cycle.

Nearly all of the prophecies point to challenging purification times leading up to the great shift, especially in the 10 years preceding: Earth changes, including tsunamis, hurricanes, earthquakes and economic instability (sound familiar?). As I often say in the ceremonial sweat lodge, the birthing time is near and our planet is going through labor pains. The contractions are getting closer and more intense. Symbolically, we are in the birthing canal and we are able to see the light of day. Not only are we being reborn, but

we are also the midwife to the birthing process, supporting our galactic mother Mixcoatl and our Mother Earth as the hour grows near. The higher vibratory frequencies coming in are, by their nature, supporting our alignment with, and our ability to integrate these higher energies through the earth changes. Yes, global warming is a factor, but did you know that all of the planets in our solar system have been heating up. This is a family affair between all of the children of One Hunahpu.

So what can we do to support the most positive outcome for the influx of these new vibratory frequencies? Most importantly, we can join in united spiritual intention, prayer, meditation, and sacred ceremony leading up to, and even more importantly, beyond 12.21.12—all of the sacred alignments (solstice, equinox and full moons).

### **THE ROLE OF HARMONIC CONVERGENCE 1987**

Back in 1987, two years after I (with Patricia Bloomfield) founded “Meditation” magazine, we published the first feature article on the “Harmonic Convergence” (a precursor and preparatory alignment for Solstice 2012), interviewing Jose Arguelles, an expert in Mayan cosmology. That issue of the magazine sold out in 5 days and hundreds of thousands (maybe millions) of photocopies were created and sent throughout the world. (I have just posted the original article along with this one at <http://www.livingpurposeinstitute.com/articles.htm>.) This was of course before everyone was on the internet. As a result, millions of people turned out on August 17 and 18, 1987, at various sacred sites around the globe and performed sacred ceremonies.

It was predicted before the global gathering that as a result of the alignment and the participation around the world, tremendous shifts would occur in the next five years. Old oppressive institutions would crumble and an age of peace and love would be ushered in. Below are some significant events, events that at the time seemed unlikely if not impossible, that occurred in the few years following the Harmonic Convergence:

- November 9, 1989: As a result of the cry from the masses, citizens are allowed to cross the Berlin wall, which marks the beginning of its dismantling.
- November 27-28 1989: More than five hundred thousand stand in the streets of Czechoslovakia protesting Communist rule, which eventually leads to a free Czech state and inspires other successful revolutions against oppressive governments.
- February 7, 1990, to December 1991: The Soviet Union dissolution occurs.
- February 11, 1990: Nelson Mandela is freed, which leads to the end of apartheid in 1993.
- Late 80s through early 90s: Peace broke out around the world.

For those old enough to remember the late 80s as the Cold War was winding down, the U.S. didn't know what to do with its military arsenal, because there was no one

to use it on, and for the first time in several decades, military spending actually decreased. I remember a headline in the *Los Angeles Times*: “Peace Breaks Out Around the World.” Of course, with a wartime-based economy and a culture of violence as a means to resolution, it didn’t take long to attract new enemies and endless wars.

The significance and effects of the Harmonic Convergence, the Mayan end date, and other sacred dates, in my opinion, are not one-time occurrences orchestrated to change the world forever as many hypothesize. As an example of what can occur, Harmonic Convergence was an indication, a signal, a demonstration of the power that we have when we come together in united intention. If we had continued to join together in united global intention, prayer, and meditation on the scale of Harmonic Convergence, could the types of revolutionary occurrences listed above have continued, even magnified? Indeed, I believe it is the only way such global and far-reaching shifts can be choreographed. The specific dates do have their symbolic and energetic importance for supporting positive change, but the most powerful and important element in global evolution and the earth shift is the power of our united mental/spiritual intention.

### **LINKING UP FOR UNITED SPIRITUAL INTENTION**

Our current crises/opportunities are crying for us to unite again ... and again ... and again. Let us not make the Harmonic Convergence, 12.12.12, 12.21.12, and other sacred dates, one-time events, but rather let’s join together and revive the ancient ceremonial traditions at the times of all the full moons, the solstices and equinoxes, and in fact, every day of our lives. Let’s use that same grassroots revolution that spawned the Harmonic Convergence to send out the call for regular gatherings at sacred sites and in our own homes and local gathering spots (thus creating additional new sacred sites—like the minor acupressure points) at specifically dedicated times to create a positive vibration for the planet and all that is. The best news is that now we have the internet or what Marilyn Ferguson called at its inception “the new nervous system of our evolving planet.” The time of unity consciousness is at its greatest need, and we already have the infrastructure set up to make it happen.

Acupressure points are power points because they consist of intersections of lines of energy in the etheric (energy) body of individuals and the planet. The more people who come together and meditate, pray, and perform sacred conscious ceremony, the more lines of energy there are intersecting during such gatherings. People come from their own homes—which can also be sacred gathering places—and create a line of energy connecting their sacred home spot to the sacred gathering spot, all of this causing intersecting lines of energy from each gatherer and creating myriads of geometrical configurations of energy sources. We can visualize this as an energy grid of light surrounding the globe as we gather in sacred circles at any time, but especially during full moons, solstices, 12.12.12, 12.21.12 and other sacred dates.

For Harmonic Convergence, the main emphasis was to go to already established sacred sites. For 12.21.12, full moons, solstices, and equinoxes in the future, the emphasis is on making wherever you are a sacred site. In other words, gather people together in homes, in local meeting places, at new thought churches and centers for sacred meditation, prayer, and ceremony, or any and all organizations that are willing to support united spiritual intention.

Spiritual Unity Movement (SUM), a non-profit organization, of which I am honored to be the outgoing president, is calling for people everywhere to link up at the time of the full moons, equinoxes, solstices, and every day of our lives. We provide monthly Full Moon World Healing Meditation Ceremonies in North Hills, California. We encourage people and organizations to link up with us and other organizations around the world also focusing their intention as a positive force for the planet and all that is at these designated times.

SUM is holding a large gathering winter solstice Friday 12.21.12 called "The Beginning" at 6:55 p.m. at "The Onion," an historical landmark Unitarian sanctuary, 9550 Haskell Avenue in North Hills, CA 91343. Several leaders and experts in new age philosophy will be speaking, including Dr. Basia Durnas, Florence Riggs, Burl Bolerjack, Rev. Patrick J. Harbula, and new thought musician and philosopher Ed Munter. The sacred ceremonial music has been specifically composed by Dov, world famous new age electric violinist, and will be performed by he and his band. For more information on Dov and his music, please visit [www.lovestarrecords.com](http://www.lovestarrecords.com).

You can use the following meditation based on Mayan cosmology if you choose for these sacred events:

### **PREPARATION FOR MEDITATION**

Whether you are indoors or out, you can begin by calling in the four directions. If you are outdoors and have a clearing available, draw a circle in the dirt or create a circle with tobacco or other sacred plants. Mark the four directions in the circle. Different tribal and pagan traditions ascribe slightly different meanings to some of the four directions, but the following are quite common and can be used:

We call in the East, the place of fire and the rising sun, the place of illumination and enlightenment.

We call in the South, the place of water, the place of the heart, trust and innocence, the inner child.

We call in the West, the place of earth, the place of the setting sun, endings, the great void, mystery and magic.

We call in the North, the place of air, the place of the mind, knowledge, wisdom, and clarity.

We call in all the Ancestors and Ancient Beings, the hierarchy of Masters, Saints and Sages from all times and all paths who serve on the inner sides of life and those

specific Teachers and Guides who guide me and my group to be present for this ceremony. These can include all the great Teachers and Wayshowers, including, but not limited to Moses, Abraham, Buddha, Jesus the Christ, Lao Tsu, Krisna, Quan Yin, Mother Mary, Mohamed, Sitting Bull, White Buffalo Calf Woman, Black Elk, and all of our ancestors leading back to the first ancestors. (You can include here the name of your own Guides and Teachers and personal ancestors.)

### **EARTH SHIFT MEDITATION FOR 12.21.12 AND OTHER SACRED DATES**

Begin by breathing deeply. Invoke the presence of any or all of the following, Soliel (Grandfather Sun from the Maya) God, Allah, Brahma, the Goddess, Buddha, the Tao, Wakan Tunka (Sioux for Great Spirit), Grandmother Earth and Grandfather Sky, Quetzalcoat/Gukumatz , and/or insert your own highest representation of the Divine. See and feel the energy of Spirit flowing through the center of Mixcotle, our Milky Way galaxy. See this as bubbling explosions of white light with a tinge of violet. This is Divine Cosmic Love flowing through the womb of all into our galaxy, expanding, and magnifying as it fills the space, and surrounds the stars and planets. As it moves through the womb of all it takes on a slight pink tinge as The Great Goddess Mixcotle adds her ancient nurturing energy to the cosmic waves of love. It fills our galaxy with waves of this brilliant crystal white light with an ethereal pink filtering through it as it continues to intensify. It reaches our solar system and surrounds our sun—First Father Sun, One Hunahpu. It penetrates our sun's radiant aura as it becomes brighter. The brilliant white pinkish light reaches the core of the sun and a burst of violet light at the center of the sun that begins at the center as a dot and then expands outward as a sphere until it surrounds the sun's aura like a thin halo of violet, signifying the re-birth of our sun at a higher level of the evolutionary cycle. It has become a Sacred Sun shining its now transformational light to all areas of our solar system, bathing the planets with its golden light that now has an aura of violet surrounding every sun beam.

Be aware of a golden stream of spiritual love with a thin outline of violet (the color of the new energies), flowing from One Hunahpu, First Father—not the physical sun, but the soul of the sun or the heart of the sun—in through the top of your head. Feel it igniting and balancing all of your sacred chakras as it moves downward through your body. See and feel each of these sacred wheels spinning clockwise and moving into perfect alignment with the sacred. See and feel this golden violet light flowing out of your crown chakra in all directions as it too becomes like a sacred sun. The same for your third eye at the center of your brows and then through your throat. Allow your heart chakra to explode with this loving light extending infinitely in all directions. Then through your solar plexus chakra, then the sacral center just below your naval, and then your base chakra at the base of your spine. Finally allow the golden love energy outlined with violet to shoot through your feet deep into the core of Mother Earth.

Now be aware of yourself as one center of radiant love energy connected with every other center of love energy around the planet who have consecrated this moment in time as sacred and all those who have consciously dedicated themselves to be a positive force on the planet, forming a grid of light surrounding the planet like a blanket of love. If you are part of a group participating in this sacred event meeting physically or in energetic connection, be aware of your group as a radiant center of love energy and the sacred group chakras are all sacred suns radiating cosmic and solar (or soular) love in all directions. Your group is connected by streams of energy with other groups also radiating the cosmic/soular love through infinite space and into the core of our Mother Earth.

See and feel our planet vibrating at a higher frequency. Feel the same explosion occur at her core that happened for our sun. Feel the shock wave vibrating from the center of our Mother outward like a sphere, creating a halo of white with a pinkish tinge of cosmic love energy, then a thinner layer of golden solar love energy, and finally a thinner layer of the violet ray.

Visualize the planet as sacred. See everyone everywhere with a halo of white, golden, and violet light surrounding them. See people cooperating, supporting each other as never before. See and feel them unable to conjure up or even remember how they used to create tension and anger and lash out physically, mentally, and emotionally. Feel the positive intention of everyone everywhere manifesting. See and feel everyone being not just inspired, but compelled to live in harmony with Mother Earth, Father Sky and all of nature. See everyone treating all life as sacred: the four leggeds, winged ones, the swimmers, the crawlers, the plants and grandfather stones. See and feel everyone on the planet truly understanding that we are one—one body, one energy, one emotional field, one mind, one spirit, and that this manifests as a high vibration of love, freedom, and joy infusing every area of human endeavor.

As a radiant sacred center of cosmic/soular love, go into the silence and just be your magnificent radiant self. Allow your desire to be of service, to be one with the infinite force of divine love, to take your consciousness beyond the limitations and separations of mind, feeling, and body into the pure bliss of communion with the One Infinite Presence. . . . (spend as much time in the silence as brings you joy).

When you are ready, slowly and gently bring your awareness back to the present time and place. Take a moment to ponder how you will be different from this moment forward, how you will share your magnificent radiance with others through your thoughts, feelings, words, and actions; what new and creative ideas come to you for creating greater freedom and joy in all your relations and through all of your interactions?

### **THE EXTENDED INVITATION**

We also invite and encourage you to take united spiritual intention a step further and link up with positive intention at noon each day wherever you are. See and feel yourself and everyone as a radiant sacred center of light and love. There are already tens

or hundreds of thousands of people meeting in mind each day with a positive intention of some kind. What would be the transformational effects if this became millions? Hundreds of millions? If you are willing to make an even more consistent commitment to personal and planetary growth, link up every hour on the hour (or as often as you can remember) with a positive intention for the planet and all that is. Imagine the results when hundreds of millions are committed to this practice.

If you are part of a spiritual community, suggest to your rabbi, priest, priestess, pastor, minister, llama, guru, etc. to include (if it isn't already done) a prayer during your regularly scheduled services for the benefit of the planet, such as "Peace, Prosperity, and Perfect Health have been Realized by All," or "May Peace Prevail on Earth" or an affirmation of your own choosing. Link up consciously with all other groups, religions, and spiritual paths who are doing the same in their own ways. In your ceremonies, meditations, and prayers visualize a world of peace where people everywhere are committed to support one another and live in harmony with the planet and nature. Connect with everyone everywhere also creating a positive vibration on the planet.

Those of us who were born at this time in history and who can envision a world of peace, joy and freedom, are being called to participate in the rebirthing of the sacred. Let's join in our daily activities and our group interactions to usher in a new era of love, light, and spiritual freedom. I look forward to joining with you physically and/or through the energetic grid of which we are all a part.

Reverend Patrick J. Harbula is a spiritual life coach, author of *The Magic of the Soul*, Co-founder of *Meditation Magazine*, Director of the Living Purpose Institute and Outgoing President of Spiritual Unity Movement in California, Staff Minister for Center for Spiritual Living Simi Valley, and a former Director for Sage Publications (a world-renowned academic publisher) in Newbury Park, CA. For more information on 12/12/12, Dec. 31<sup>st</sup> *New Years Intention Setting Ceremony*, Earth Shift Sweat Lodges, Full Moon Meditation Ceremonies, *Live Your Passion* and *Busting Loose from the Money Game* workshops, *Primal Fire* Weekend Intensive Retreats, life coach certification, public speaking, and other transformational events, or to become a certified life coach, visit [www.livingpurposeinstitute.com](http://www.livingpurposeinstitute.com) or call, toll-free, 866-204-2261 or email Patrick at [patrick@magicofthesoul.com](mailto:patrick@magicofthesoul.com). You can also call this same number for a complimentary spiritual/life-coaching session with Patrick. It is his joy to serve.

This article can be found at <http://www.livingpurposeinstitute.com/articles.htm>. Please circulate this link to as many people as you can, and let's create the most powerful love and light link-up in history for 12/21/12. For more information on pre- and post-12/21/12 ceremonies and events, visit <http://www.livingpurposeinstitute.com/calendar.htm>.