Consciousness Raising Tool

Under areas to measure, write the specific areas you want to improve in your life, i.e. Health, Money,Vocation, Specific Relationships, etc. Mark a percentage for each area each day of the month, and notice how the numbers go up. Once above 50% consistently everything changes! And, the higher the percentage goes, the faster the change occurs, increasing fulfillment and succss in every area that is elevated.

Areas to Measure

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

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