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Strength of a Rose, Mandala art by Sugatha, http://www.flowermandala.com

INTRODUCTION

This e-report is offered free of charge in an effort to promote Peace, Prosperity, and Perfect Health everywhere and to support the manifestation of the highest dreams and visions of those individuals consciously focusing on a positive vibration for our planet. Our only request is that when sharing this copyrighted information, you do so by directing your friends, family, and associates to this link, www.affirmationmap.com, to receive their free copy of The MAP. Our vision is that everyone using this information will register on the Web site, so we can track the usage of The MAP and contact those using the information with additional tools and opportunities for growth and service. Anyone who registers can request removal from the e-mail list at any time.

THE MAP

Did you ever have the fantasy as a child of finding a MAP to a buried treasure? Well now you *have* found one, and the true beauty of it is that the treasure is buried within you. This MAP is actually an interactive group

Manifesting Affirmation

Process

The MAP leads to the discovery and revealing of the inner power within you, those with whom you agree to mutually support on the treasure hunt, and ultimately the entire human race.

When you viewed the beautiful mandala art introducing The MAP, did you notice the X marks the spot at the center? How about in a smaller view?



Often times we miss out on the miracles in life because we simply are not focusing on them. One of the great powers of affirmation is that it directs our

attention toward the end result of what we are creating and realizing and focuses our attention toward opportunities that result from our affirmative work.

What is most exciting about The MAP is that it works, and it works very quickly. I predicted after the first few days of practicing this technique that it would span the globe (through the Internet and word of mouth) within a very short time. This means that people all over the planet will be consciously working in small groups to empower their dreams and create a positive energy field within the social unconscious! I believe this will be a major component in the shifting and evolution of our collective consciousness.

The renowned biochemist Rupert Sheldrake, who was quoted in the movie *What the Bleep Do We Know*, discovered the theory of morphic resonance. Each organism has around it an energetic field and each field is connected to other morphic fields through morphic resonance. The thoughts, feelings, and actions of each organism affect every other organism in the resonant fields. I had the opportunity to speak with Dr. Sheldrake a couple years ago and asked him about the power of conscious, scientific prayer and affirmation. There have been several double-blind studies that have proven that when people who are ill are prayed for, they recover more quickly than those who aren't, even if they don't know they are being prayed for.

I asked him what the latest findings are in this field. He said that according to his research, one dynamic that is seldom talked about or recognized is that if you are being prayed for or supported with positive affirmation by people who know and love you, the positive results are elevated because of the strength in the morphic resonance that is already established through the caring relationship. If this is true, then theoretically it is more powerful to ask for healing from your brother, sister, mother, father, child, husband, wife, or lover, than it is to go a renowned healer who doesn't know you. Perhaps the greatest healers are those who love and care for everyone, but unless they care more about you than your loved ones, their intervention may not be as effective.

If you added to this dynamic the understanding and faith of your loved ones that their affirmative intentions do have a profound effect, then the results are even more remarkable. The MAP utilizes the power of resonance that already exists and at the same time creates an increase in resonance through the process of daily supportive affirmation. Even if you begin The MAP with people you don't have a strong connection with, that connection and resonance will very shortly be developed through your daily interaction in consciousness.

The purpose of this group support exercise is to expand the force and energetic reach of your positive mind-set and support the affirmations of those in your group as well as lovingly support the evolution of our planet toward greater peace, prosperity, and health. Below are several directions to the treasure that can be used in creating a MAP group of your own. These are to be used as guidelines and helpful hints. Please use those that will be most helpful to your MAP group.

THE MAP DIRECTIONS TO THE TREASURE

- 1. Form a group of people who are willing to commit to a daily practice to empower each other to achieve their dreams. You can start with any number of people even if it is you and one other committed individual. It is more important to have a solid group of committed participants than to have large numbers.
- 2. Direct others in your group to <u>http://www.affirmationmap.com</u>, so they can receive this information to most effectively use The MAP.
- 3. Each person writes an affirmation. I advise 36 words or less. Any number will suffice, but have a definite maximum or people may create long and cumbersome affirmations. Brevity also promotes clarity. The affirmations are written in the third person, past or present tense, concerning your highest vision for yourself. For example: "Patrick Harbula enjoys excellent health, ever expanding loving relationships, and a multimillion dollar business as a best-selling author, workshop leader, and philanthropist who brings joy, healing, and the message of living one's passion to the world."
- 4. Add to the end of each individual affirmation this global affirmation (not included in the 36-word limit): "Peace, Prosperity, and Perfect Health have been realized by all." This is an affirmation for all people in your group as well as for all peoples of the world. While you are saying the global mantra, you can close your eyes and visualize the completed vision for the individual for whom you just affirmed and for the completed visions for everyone everywhere.
- 5. Collect all the affirmations by e-mail or other means and merge them together in one document that can be distributed to the entire group.
- 6. Each person in the group commits to reading out loud the affirmations for each individual once per day (or twice per day if you want a higher level of commitment, intention, and most likely quicker results). It can be agreed that if someone occasionally misses an affirmation, it can be said one extra time the following day to fulfill the commitment, or twice if two days are missed, and so on.
- 7. Come up with a name for your MAP group and log on to <u>http://www.livingpurposeinstitute.com/mapregister.htm</u> to register your MAP group. We are tracking the number of people and groups participating and will be sharing updates and announcements concerning the global effort. You can also share your experiences with others all around the globe who are using the MAP.
- 8. To greatly enhance the effectiveness of your MAP efforts and ability to manifest your dreams, please check out my e-book *How to Make*

Affirmation Work that was developed from over 30 years of experience and research on the power of affirmation. For all the details, please visit <u>http://www.livingpurposeinstitute.com/affirmationland.htm</u>. This revolutionary, concise, 38-page e-book includes:

- 1. How to make affirmation work for YOU.
- 2. The most common mistake that kills affirmation.
- 3. How your participation in The MAP is saving and evolving our planet.
- 4. Why it is more effective to read or speak affirmations out loud and in the past tense.
- 5. The SECRET to successful affirmation that *The Secret* DOES NOT tell you.
- 6. How to combine affirmation with creative action for optimal success.
- 7. What it means and how to "live from the energy of the completed vision."
- 8. How to clarify and use your life purpose as an affirmation to create vocational ecstasy.
- 9. How to manage and utilize the extra energy created from The MAP and not become overstimulated or out of balance.
- 10. What to do if or when you crash—experience disappointment or depression after the initial rush of miracles?
- 11. The importance of purification for success in affirmation.
- 12. Loving yourself to manifestation.
- 13. How to eliminate self-judgment while focusing on the ideal.

This e-book offers invaluable additional information on how to use The MAP and the Power of Affirmation. It is especially helpful for anyone wishing to start a MAP group or those wanting to utilize the power of affirmation to manifest their highest dreams and visions. And 20% of all proceeds from the sale of this reasonably priced e-book go to charities actively working on a practical level to manifest Peace, Prosperity, and Perfect Health for all.

For information on *How to Make Affirmation Work*, go to <u>http://www.livingpurposeinstitute.com/affirmationland.htm</u>

