For Immediate Release. . . .

Fmi: Corina Villeda: 805-241-4832



## WHAT DID YOU NOT GET ENOUGH OFAS A CHILD?

Patrick J. Harbula, author of the acclaimed book *The Magic of the Soul: Applying Spiritual Power to Daily Living* is currently on a *Live Your Passion: Life Purpose Tour*. He will be appearing in several Northern California Cities from April 6 through May 4 2008, including, Concord, Sacramento, Yuba City, Placerville, Grass Valley, Ukiah, Paradise, and Redding.

Harbula, a life coach and trainer for over 20 years has reached hundreds of thousands through appearances on local and national radio and TV with his message of *Living Your Passion*. He has a simple yet profound formula to help people clarify their life purpose, which he defines as "what we love to do that makes the world a better place—or contributes to the lives of others." He says that the key to success in any vocation, service project, or profound goal is to "1) Apply a clearly defined life purpose consistently in your daily living and 2) have a grand vision of for your life and take the practical steps to reach it. Every time we touch someone with our life purpose, our passion is activated as we sense the blessing of our gift being received. And each time we take a step toward manifesting our dream, we are filled with passion for its full realization as it becomes more concrete."

One of the steps in his formula is to identify "the quality or guidance that you didn't receive enough of as a child." He says that "we tend to think that what we didn't receive enough of is standing in the way of our greatest success, but we can completely reframe that and recognize that the quality that we didn't get enough of is what inspires us to create or demonstrate that quality in the world and therefore is our greatest asset. It is in fact, what fuels our passion to great our greatest success. This is a completely new way of looking at healing the past, because it reveals that there is really nothing to heal. We don't have to get over anything except *the belief* that we have something to get over in order to succeed at our grandest dreams."

Harbula has fulfilled his life purpose through many careers: as an author, as former Corporate Director of Sage Publications (a world-renowned academic publisher), as founding publisher of *Meditation* magazine, as a former tennis professional and as host of the television show, *The Next Step*.

For more information call toll free (866) 204-2261 or by email at patrick@magicofthesoul.com or visit www.livingpurposeinstitute.com for more information.