

Foreword

Teachers, saints, prophets, and sages have written about and described the oneness of all life throughout time. Now more than ever, increasing numbers of people are bringing these ancient concepts down to the level of daily experience. When we are able to walk beyond the doorway of our personal identification, we step into a world that is alive with love, splendor, creative power, and profound interconnectedness. We can honor ourselves for our wonderful uniqueness and at the same time recognize and experience ourselves as part of a spiritual dynamic that is present in everyone and everything. The magic of the soul is a practice to help open the door and offer guidance along the path into this world of magical opportunity.

The word magic implies something mystical or supernatural. This practice of which I write can indeed lead us into mystical realms, but it is important to recognize that it is a natural process. The extraordinary is only unique when it is a rare occurrence. As more and more people step into the magic of their souls through this or other spiritual practices, magical and miraculous states of being become more and more commonplace. This magic is not that of a slight-of-hand artist or of some macabre practice, but the magic of true spiritual alchemy. I speak of the magic that is written about by poets, spiritual teachers, and sages throughout history who have experienced or at least enjoyed a glimpse of the power lying beneath our ordinary experience. This is the world of interconnectedness, of oneness with all, of unconditional love and unlimited possibilities.

This book was written not only to inspire the *idea* of our interconnectedness and our power, but the *experience* of it. In some places you are asked to stop and experience the ideas presented. The centered phrases are meant to encourage deeper thought and reflection. Imagine that these messages are the voice of your own soul speaking to you, encouraging you to pause and receive its wisdom,

peace, and magical capabilities. Try rewording them as “I” statements and use them as affirmations. There may be more methods and techniques to access soul magic than you can absorb and integrate during the period of time you are reading this book. Use those that speak to your heart and set the others aside, possibly for another time.

I recommend reading this book more than once and revisiting the areas to which you relate most. Many of the meditative exercises are presented on *The Magic of the Soul* audio CD accompanying the book. Experiencing the exercises will deepen your understanding of the concepts presented. Use the exercises on a regular basis that inspire you to deeper levels of understanding your own path, your own soul expression. Modify them and make them part of your ongoing practice.

We live at an exciting time in the history of our planet when information pointing to spiritual awareness has reached a peak. Why are the philosophies that have previously been reserved for esoteric and mystical circles now so available and accepted by larger numbers of people? Because we have never been more ready to receive and integrate them. Many of us are ready to step forward into our true roles as co-creators with the Divine Creative Principle, ready to create the magic of our souls. My sincere hope is that in reading and practicing the information in this book, your experience will be as enjoyable and magical as the writing of it has been for me. It is our divine heritage to live a life of fulfillment and joyful service, to experience the magic of life, the magic of the soul.